



At Aria Spa we are guided by our passion and we know that you come to Vail because you are guided by yours. Whether your passion is inspired by winter, spring, summer or fall, here at the Aria Spa our commitment is to nurture the adventurous soul in you. We intend to bring you the energy that we receive from Colorado's 300 days of sunshine a year to allow you to feel the balance that we feel in the seasons that envelop us.

At Aria Spa our passion is the beauty of the nature that surrounds us. The awe-inspiring Rocky Mountains relax our minds, engage our bodies, and soothe our soul. Our collection of products, services and rituals embrace the powerful nature of science and purity of ingredients to allow you to nourish all three. Every Aria Spa experience has been crafted with a commitment to sustainability, while never sacrificing our passion for your results.

At Aria Spa our passion is people. In Vail we are surrounded by the rugged and raw beauty of the Rocky Mountains and we encourage our guests and our associates to embrace the unique energy of our setting. We seek to promote a healthy and fulfilling lifestyle, based in nature and strengthened by passion. We believe that in order to progress, you need to stop, recharge and reflect.

Aria Spa Winter Hours of Operation
8:00am-8:00pm

Please call to speak with one of our Spa Coordinators
Toll-Free: 888-824-5772
Phone: 970-479-5942
Email: vcrspa@destinationhotels.com

Rocky Mountain Rituals

Our signature treatments hand selected to address your skin and body needs in Vail's high country, alpine environment.

Hydrafacial Platinum- This non-invasive resurfacing procedure provides cleansing, exfoliation, and painless extractions with Hydrafacial's patented vortex suction. You will be drenched with hydration and infused with antioxidants, hyaluronic acid and revitalizing peptides. Hydrafacial provides instant results with no downtime, and is great for all skin types, delivering results that your individual skin type needs. **80 minutes \$289.00**

Alpine Rejuvenation- This body rejuvenation begins with a therapeutic massage using heated river stones and oil infused with balsam fir, juniper and pine to relax muscles and relieve tension. A native grains purification for hands and feet exfoliates, nourishes and renews. This ultimate alpine treatment will restore your energy and refresh the spirit. **80 Minutes \$205**

Tranquility Restoration- This aromatic ritual is intended to rest your mind, body and soul while bathing your skin in the finest natural and active ingredients. A relaxing massage ritual with slow and intense rhythm and a nourishing facial cleansing allow us to indulge you in a sensory experience that will leave you with a deep sense of well-being and peace. **80 Minutes \$205**

High Altitude Massage- A beautiful blend of peppermint, cypress, ylang ylang and pine in our high altitude massage oil used in our custom massage will assist your body in adjusting to a higher elevation. Our therapeutic heat pack and massage techniques specific to your body's needs will increase blood circulation and deliver more oxygen to the tissues. **50 Minutes \$165**

Winter Wellness Body Scrub- An exuberating mineral scrub blended with herbal extracts and aromatic essential oils will warm your body and boost immunity during the winter season. This treatment will enhance the body's circulation, accelerate its natural immune response, and nourish dehydrated skin. This treatment is finished with a warming ginger massage oil that will help ease respiration and leave you feeling ready to take on the winter. **50 Minutes \$165**

Massage

Our massages are customized to address the specific concerns of your body. Please advise your spa coordinator of the benefits you'd like to achieve from your massage and allow us to recommend the therapist and technique for you.

25 minutes \$99 | 50 minutes \$155 | 80 Minutes \$205

Custom Massage	50/80
Swedish Massage	50/80
Gore Creek Hot Stone Massage	50/80
Deep Tissue Massage	50/80
Couples Massage	50/80
Maternity Massage	50
<i>For those in their second or third trimester</i>	
Sports Massage	50/80
Target Massage	25 Minutes
Reflexology	25 Minutes

Add-in's

(available with 50 or 80 minute massages)

Wellness Solution	+9
Choose from: muscle soother, detox, sleep, or balance	
Paraffin for Hands or Feet	+19
Hair and Scalp Revitalizer	+19
Muscle Soother Spot Treatment+Sports Body Oil	+19

Body Rituals

Renew- Awaken your senses and soothe your skin with this hand-crafted treatment. A Coconut Coffee body exfoliation followed by a Coconut Vanilla body lotion massage will increase circulation, nourish your skin with Vitamins A, C, and E, and leave you feeling rejuvenated with profoundly nourished and radiant skin. 80 minute \$205

Balance- A detoxifying body wrap done in Aria's float table will cocoon your skin in clay infused with lemongrass, juniper, tea tree oil and lappa root extract. This botanical blend will enhance your body's own natural purification process, allowing the release of toxins. An antioxidant lotion massage finishes this treatment and leaves you hydrated and replenished. 80 Minute \$205

Wellness Journey – The heart of this treatment is your choice of one of our wellness blends that will meet your body's individual needs. Begin by selecting from our deep rest, stress relief, muscle soother or winter wellness blends. You choice of a relaxing body soak OR rejuvenating body scrub will relax your mind and refresh your body. A full body customized massage completes this personalized treatment and leave you restored. Aria's ultimate customized treatment. 80 Minute \$205

Winter Warm Up- Heated basalt rocks from the beautiful Gore Creek will bring a natural healing element to your massage treatment and warm you after being outside in the crisp Colorado air. Our signature Rocky Mountain Hand and Foot ritual will rejuvenate you after a long day in mittens and boots. Allow this beautiful warming treatment to elevate your spirit and warm your soul. 80 Minutes \$205

Blue Detox Body Wrap- The ultimate detox. Enjoy this luxury body wrap infused with 100% azulene clay, mixed with medicinal herbs, detoxifying essential oils, and therapeutic seaweed. You will be suspended in Aria's signature Float table while this wrap rids your body of impurities. This treatment will lift the veil of dullness and dryness and restore skin's tone and vitality. 80 Minutes \$205

Grotta Giusti Mud Wrap- This remineralizing and purifying mud infused with water from ancient Italian thermal pools will relieve aches and pains associated with muscle tension and joint problems. Allow this treatment to stimulate energy flow and bestow a sense of therapeutic relaxation, comfort, and vitality. 50 Min \$155

Cellulite Mud Wrap- Creamy product of marine origin is rich in oarweed, sediment marin and essential oils which favor a profound purification as well as an effective slimming action. This intense refining treatment will accelerate the body's metabolism and lymphatic flow and is the ideal body treatment for those with resistant cellulite. 50 Min \$155

Peppermint Rosemary Body Scrub –This invigorating body scrub composed of mineral rich Dead Sea salt, six skin-moisturizing rich oils and the intoxicating scent of peppermint and rosemary will leave your skin refreshed with a hydrated silkiness. 50 Min \$155

Cranberry and Brown Sugar Body Scrub -Made with 100% organic brown sugar and nourishing Ayurvedic oils, this scrub gently exfoliates while locking in vital moisture to keep skin healthy and visibly radiant. Brown sugar will help even skin tone and the synergy of the Ayurvedic oils natural fatty acids will lock in moisture, firm the skin, and leave you silky smooth. 50 Min \$155

Winter Wellness Immune Booster Body Scrub - An exuberating mineral scrub blended with herbal extracts and aromatic essential oils will warm your body and boost immunity during the winter season. This treatment will enhance the body's circulation, accelerate its natural immune response, and nourish dehydrated skin. This treatment is finished with a warming ginger massage oil that will help ease respiration and leave you feeling ready to take on the winter. 50 Min \$165

Exfoliating Body Glow- Exfoliate and hydrate with this organic blend of coconut and coffee. 25 Min \$99

Rocky Mountain Hand and Foot Ritual- After a day in mittens and boots, allow us to treat and heal your you with a native grains purification followed by a pampering massage 25 Min \$99

Hair and Scalp Ritual- A beautiful blend of essential oils are rhythmically massaged into your hair and scalp to nourish, revitalize, and invigorate. 25 Min \$99

Facials

Hydrafacial Platinum- Technology meets luxury in this ultimate 80 minute facial. Experience the immediate, visible results of our Signature Hydrafacial along with the pampering facial, scalp and arm massage that will leave you and your skin truly transformed.

80 Min \$259

Hydrafacial Signature- Our most popular Hydrafacial, the Signature takes it to the next level with Lymphatic therapy and LED light therapy. Your skin will be drenched with hydration and infused with antioxidants, hyaluronic acid.

50 Min \$199

Hydrafacial Quick Results- A breakthrough in aesthetic technology providing non-laser, non-invasive skin resurfacing. The Hydrafacial removes dead skin cells and extracts impurities while cleansing, hydrating and moisturizing. This high-tech vs high-touch facial provides instant results with no downtime and is great for all skin types.

25 Min \$159

Platinum Non-Surgical Facelift- All the benefits of our Signature Non-Surgical Facelift, plus ultrasonic exfoliation, LED Light Therapy and Freeze Serum infusion. The ultimate anti-aging facial.

80 Min \$289

Signature Non-Surgical Facelift- This age defying facial utilizes the advanced technology of the CACI Ultra Machine to re-educate facial muscles to lift and firm, leaving noticeable results after just one treatment. Micro-currents plump out and soften deep lines to achieve a firmer, more contoured and youthful appearance.

65 Minute \$229

Custom Facial – Our custom facials are designed to meet the specific needs of your skin. Your esthetician will analyze your skin and recommend a facial from our Ling product line. Every formulation of Ling products are developed to offer the most effective skin care to treat existing skin ailments while also being preventative. Our 50 and 80 minute custom facials will include hand, arm and scalp massage while our 25 minute is the perfect quick-fix.

80 Min \$229 | 50 Min \$159 | 25 Min \$119

Oxygen Facial- Circadian skin science and breakthrough proprietary formulations from Dr. Pugliese make this the perfect high-altitude facial. This technology will allow your esthetician to generate oxygen on the skin, increasing energy production and the buildup of collagen. A cocoa enzyme mask makes this facial beneficial for all skin types, especially for those with acne or rosacea.

50 Min \$189

Gentleman's Facial- Created to meet a gentleman's specific skin needs, this effective treatment is designed to cleanse and soothe aggressive exposure related to sports and shaving. Vitamin C, fruit enzymes and antioxidants unclog pores, protect and even out skin tone. Exfoliation, facial massage and re-hydration complete this soothing treatment.

50 Min \$159

Teen Facial- Healthy skincare habits start here. This teen facial provides improved skin clarity and combats unbalanced skin using a combination of salicylic acid and vitamins. Deep pore cleansing, toning, exfoliation and facial massage will leave skin with a healthy glow, all while the esthetician educates on healthy skincare practices.

25 Min \$119 | 50 Min \$149

Add-ons

Microderm, Glycolic and Oxygen Treatment	\$59
Microderm and Glycolic Treatment	\$49
Ultrasonic Microdermabrasion	\$39
Soft as Silk Lip Treatment	\$29
Eye Rescue Treatment	\$29
Healing Hands Paraffin	\$29
Scalp Treatment	\$19
Non-Sensitizing Peel	\$19
Ultrasonic Infusion	\$9

Nails and Waxing

All products are natural and organic and all nail lacquers used are free of formaldehyde, DBP and Toluene.

Manicures

Mountain Spa Manicure	\$75
Traditional Manicure	\$55
Express Manicure	\$35
Princess Manicure (4-12 years old)	\$35
Vitamin Infused Gel Manicure	\$59

Pedicures

Mountain Spa Pedicure	\$85
Traditional Pedicure	\$65
Express Pedicure	\$40
Princess Pedicure (4-12 years old)	\$40

Add-on

French Polish	+10
Add Hot Stones (pedicure only)	+15
Add Detox Soak	+15
Gel Polish Soak Off	\$9
Wrinkle MD Treatment	\$49

Waxing

Eyebrow	\$29
Chin	\$29
Brow, Lip and Chin	\$59
Full Face	\$59
Half Leg	\$59
Back	\$89
Lip	\$29
Basic Bikini	\$79
Bikini Plus	\$89
Sideburn	\$39
Underarm	\$39

Aria Spa Tips

Allow yourself enough time.

To receive the most from your Aria Spa experience, arrive 20 to 30 minutes before your spa treatment to relax in the Sanctuary and relish fresh tea or a glass of champagne or wine. For more intense relaxation before your treatment, visit the herbal steam room and saline hot tub. Please note that if you arrive late, your treatment will end at its scheduled time as a courtesy to the next guest.

Give your treatment time to work.

Treatments usually continue for hours after you leave the spa, it is recommended that you shower before rather than after your treatment to allow all of the healing effects to absorb into your skin.

Alert the Spa ahead of time.

If you prefer a male or female therapist, please make the request when you make your reservation. Since the Spa uses a variety of organic oils and mud for treatments, if you have any concerns about your skin type or any allergies, please let the Spa staff know ahead of time to ensure your complete tranquility.

Drink plenty of water.

Aria Spa's high altitude will intensify your need to hydrate before and after your treatment. Our relaxation sanctuary offers fresh fruit water to enjoy during your visit, and it is also a good idea to drink plenty of water prior to arrival.